

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  | SATURDAY  | SUNDAY   |
|---|---|---|---|---|---|--|
| 7/10/2017   | 7/11/2017   | 7/12/2017   | 7/13/2017   | 7/14/2017   | 7/15/2017   | 7/16/2017  |
| <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>  | <b>LUNCH</b>   |
| MEATLOAF W/GREEN BEANS, MACARONI & CHEESE                         | CREAM OF ASPARAGUS<br>~<br>APPLE & CRANBERRY STUFFED CHICKEN W/ CREAMY RICE & CARROTS | SHRIMP + GRITS  | APPLE BRAISED PORK W/MASHED POTATOES & VEG MEDLEY                                   | SHRIMP & CORN CHOWDER<br>~<br>CRISPY CHICKEN PALMETTOS HOUSE SALAD                    | COUNTRY FRIED STEAK W/PEPPERMILL GRAVY, BROCCOLI CASSEROLE, & SWEET POTATO TOTS | CHICKEN & DUMPLINGS W/PEAS + CARROTS                       |
| OR  | OR  | OR  | OR  | OR  | OR  | OR   |
| HAM & TURKEY WRAP W/CHIPS & FRUIT<br>~<br>SHORTBREAD COOKIE       | BLT W/COTTAGE CHEESE & FRUIT<br>~<br>MALTED CHOCOLATE CUP CAKE                        | WARM HAM & CHEDDAR ON A PRETZEL ROLL W/PASTA SALAD<br>~<br>BANANA PUDDING | CRISPY CATFISH WITH ONION RINGS & FRUIT<br>~<br>PEANUT BUTTER COOKIE                | ITALIAN FLATBRAD SANDWICH W/GRILLED VEGETABLE SALAD & FRUIT<br>~<br>CHINESE DOUGHNUTS | PIMENTO CHEESE SANDWICH W/FRUIT & CHIPS<br>~<br>CINNAMON LEMON CAKE             | PHILLY CHEESE STEAK SUB W/FRIES<br>~<br>CHERRY NUT BROWNIE |
| <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>   | <b>DINNER</b>  |
| BABY BACK RIBS FRIED CAULIFLOWER & POTATO SKINS                   | PORK CHOP W/HOME FRIES SAUTÉED VEGETABLES   | SWEET & SOUR CHICKEN  | BEEF STEW   | CRAB CAKE W/MASHED POTATOES & FRENCH GREEN BEANS                                      | LIME PEPPER GRILLED CHICKEN SANDWICH W/ROASTED VEGETABLE ORZO SALAD             | SOUP & SANDWICH GRILLED CHEESE W/TOMATO BASIL SOUP         |
| OR  | OR  | OR  | OR  | OR  | OR  | OR   |
| TUNA SANDWICH W/ CARROT SALAD<br>~<br>OATMEAL CHOCOLATE CHIP CAKE | PIMENTO CHEESE SANDWICH<br>~<br>RAISIN SCONE  | FRENCH TOAST W/ BACON OR SAUSAGE<br>~<br>WHITE CHOCOLATE WALNUT COOKIE    | FRUIT PLATE W/ STRAWBERRY YOGURT & BRAN MUFFIN<br>~<br>YELLOW CAKE W/FUDGE FROSTING | TURKEY SHEPPARD'S PIE<br>~<br>OREO ICE CREAM SANDWICH                                 | BAKED MANICOTTI W/STEAMED VEGETABLES<br>~<br>HEATH ICE CREAM BAR                | GRILLED CHICKEN SALAD<br>~<br>RAINBOW SHERBET              |